

## GIRLS PHYSICAL EDUCATION - YEAR 9



### Subject Content

Pupils will participate in a range of activities, following the four strands of the PE National Curriculum. They will develop skills, tactics, compositional ideas and understanding of physical activity through:

**Hockey/Netball/Badminton/  
Athletics/Gymnastics/Dance/  
Rounders and Fitness**

### Assessment

Assessment is continuous, from the initial baseline assessment through to formative feedback and target setting in every unit of work. There are also an attainment level and an effort grade given for each activity at the end of unit. Pupils also use self-assessment following each activity. Yr 9 pupils also have an End of Key Stage 3 PE level, based on the performance and understanding shown over the previous 3 years

### Teaching Group and Teaching Strategies

Pupils are taught in single sex, mixed ability groups. A variety of teaching strategies are used in developing the pupils' ability to plan, perform and evaluate a variety of skills. Sometimes differing tasks, or adapted equipment are used to cater for the wide range of abilities within the groups.

### Extra Curricular activities and clubs

Clubs and teams are available in a range of activities, for everyone to join Netball, Football, Swimming, Cross Country, Athletics, Rounders, Dance and Badminton. There are also links with local clubs to promote further participation in sports.

### Provision for Gifted and Talented

- Differentiation in lessons – extension tasks
- Peer coaching
- Umpiring and officiating responsibilities
- School representation
- School – club links
- District/County trials and teams

### How the work in Yr 9 builds on the work in Yr 8

All schemes of work show progression through the activity and develop the idea of basic skills, positioning and knowledge into advanced skills, tactics and understanding, during the key stage.

### Kit

White Trinity polo shirt  
Plain navy shorts  
Trinity tracksuit  
White trainers  
Shin pads for hockey  
Football socks  
Gum shield  
Trinity dance 'T' shirt and leggings  
Skorts (Optional)  
All kit must be clearly labelled with pupils name

### Useful Internet websites and other resources

[www.bbc.co.uk/schools/gcsebiteize/pe](http://www.bbc.co.uk/schools/gcsebiteize/pe)  
[www.the-fa.org](http://www.the-fa.org)  
[www.laaf.org](http://www.laaf.org)  
[www.netball.org](http://www.netball.org)  
[www.lta.org](http://www.lta.org)  
[www.ncf.org.uk](http://www.ncf.org.uk)  
[www.ukathletics.net](http://www.ukathletics.net)  
[www.uksports.gov.uk](http://www.uksports.gov.uk)  
[www.sportengland.org.uk](http://www.sportengland.org.uk)