

BOYS PHYSICAL EDUCATION - YEAR 7



Subject Content

Pupils will participate in a range of activities, following the four strands of the PE National Curriculum. They will develop skills, tactics, compositional ideas and understanding of physical activity through:

**Games, (Football, Rugby, Badminton, Tennis and cricket)
Athletics, Gymnastics and Fitness.**

Assessment

Assessment is continuous, from the initial baseline assessment through to formative feedback and target setting in every unit of work. There are also an attainment level and an effort grade given for each activity at the end of unit. Pupils also use self-assessment following each activity.

Teaching Group and Teaching Strategies

Pupils are taught in single sex, mixed ability groups. A variety of teaching strategies are used in developing the pupils' ability to plan, perform and evaluate a variety of skills. Sometimes differing tasks, or adapted equipment are used to cater for the wide range of abilities within the groups.

Extra Curricular activities and clubs

Clubs and teams are available in a range of activities, including Football, Rugby, Swimming, Cross-Country, Athletics, Cricket, Trampoline and Badminton. There are also links with local clubs to promote further participation in sports.

Provision for Gifted and Talented

- Differentiation in lessons – extension tasks
- Peer coaching
- School representation
- District/County teams
- School – club links

Useful Internet websites and other resources

www.bbc.co.uk/schools/gcsebitesize/pe
www.the-fa.org
www.laaf.org
www.lta.org
www.ncf.org.uk

Kit required:

Indoor (for gymnastics)

White T-shirt and Navy shorts

Outdoor (for games)

Shin Pads, Trinity rugby shirt, Navy shorts.

Blue socks. (Trainers (predominantly white) for playground – football boots for

games, field and cross-country)

Gum shield recommended.

All kit must be clearly labelled with pupil's name. It is advisable to have a separate kit bag and a plastic bag for wet kit. (No spray deodorants are to be used.)