

April/May 2018

Year 9 End of Year Exams: Revision Planner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
23	24	25	26	27	28	29
30 Walking Talking Mocks will take place this week.	1	2	3	4 Check do you know the dates of your exams?	5	6
7 	8	9	10	11	12	13

Tip #1:

Take regular breaks and oxygenate your mind. We all underestimate how beneficial it is to move away from the ever-flashing screens we face hourly and just switch off for a while. Give your mind a break and have some simple fresh air. If you're feeling lazy and don't want to go too far for it – sit in the garden or just walk around outside for 10-15 minutes. Fresh air does you wonders and helps to bring you back to focus.

Tip #2:

Keep changing it up. Mix your topics and subjects every hour or so and keep your brain refreshed with new things to do. Working on one consistent subject for hours and hours leaves you feeling a little brain-dead and makes you feel lazy in ever trying to revise for it again so keep your brain refreshed and switch around what you work on.

Tip #3:

Avoid being around TV's or those watching movies – it's a huge distraction! Constant sensory inputs are a great way to have a break, but they continue to keep tiring your eyes out and do not give you the switch off break you need to feel refreshed and raring to go again.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>14 Exams Start</p> 	15	16	17	18	19	20
21	22	23	24	<p>25 Last day of exams & beginning of half term</p>	27	28
						



After completing a revision period cross it off from your timetable. This will help to instil a sense of accomplishment.

**“MAKE
PROGRESS
NOT
EXCUSES.”**